



## Mini Tyke - Tyke Lacrosse

Mini Tyke 5-6 years old  
Tyke 7-8 years old

## Why Play Mini Tyke - Tyke Lacrosse?

- To give kids the opportunity to build self esteem
- To get your kids participating in physical activity
- To create an avenue for your kids to make friends, learn team work as a team, while promoting fairness, respect and integrity.

Lacrosse is called the "Fastest Game on Two Feet". As a game, it is unparalleled in developing skill, speed, intelligence, fitness, endurance and dexterity.

Games are played April to June. The athletes play a non contact version of the game. Emphasis is on skill development, equal play and FUN !



Lacrosse has been played in North America for over 1,000 years. Mini Tyke and Tyke Lacrosse is a great introduction to Canada's National Summer Sport.

Please visit the  
BC Lacrosse Association  
Website

[www.bclacrosse.com](http://www.bclacrosse.com)  
for more info.

