



COACHES HANDBOOK

FOR USE IN MINOR BOX LACROSSE

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FINAL EDITION

Introduction

The purpose of this document is to aid Lower Mainland Minor Lacrosse Commission (LMMLC) coaches, in understanding their duties and responsibilities with respect to their League Commissioner.

Game Sheets

It is the responsibility of the home team to ensure that the game sheet is clearly and properly filled out prior to the start of each home game.

Please review the BCLA Bench Officials Handbook with your team manager. The handbook contains an example of a properly filled in game sheet. A demo is also available at www.lmmlc.ca

The home team's scorekeeper is responsible for distributing the copies of the game sheet at the conclusion of a game. The winning team's representative is given the top 3 copies of the game sheet (white, yellow and pink). The losing team's representative is given the bottom copy of the game sheet (golden rod). In the event of a tie, the home team's representative is given the top 3 copies of the game sheet.

The winning team's coach or manager is responsible for submitting the top 2 copies of the game sheet (white and yellow copies) to the League Commissioner. A copy of the game sheet must be faxed to the League Commissioner within 24 hours after the conclusion of the respective game. The original copies of the game sheet must be mailed to the League Commissioner within 7 days after the conclusion of the respective game. In the event of a tie the home team's coach or manager is responsible for mailing the original copies of the game sheet.

The League Commissioner's contact information is located at the bottom of the distributed Team Information Sheet.

Failure to submit the game sheet to the League Commissioner on time will result in the forfeit of any points awarded to teams for the respective game.

Each game sheet must contain the following information:

1. The date, location, type of game, game number, division and level of the teams involved
2. The home and visiting **association names**... do not use team names (example: Vancouver, New West #1)
3. Each team's player roster should...
 - identify the Captain (C) and Assistant Captains (A) with the appropriate letter
 - identify the goaltender (G) with the appropriate letter
 - identify any suspended player(s) – scratch off game sheet roster and write in game notes
 - not include any player(s) missing at the start of the game
 - add any missing player(s) as soon as they arrive at the game
 - identify any player(s) called up in the Game Notes section
4. Include all bench personnel in attendance
 - the name of the head and assistant coaches
 - the name of all door personnel
 - the name of the trainer

- Every personnel on bench must be written on game sheet
 - Head coach is responsible for all team personnel
5. The coach or manager must sign the game sheet verifying their team information is correct
 6. The scorekeeper and timekeeper(s) must print their names on the game sheet
 7. The scorekeeper must enter the correct scoring information
 - review the BCLA Bench Officials Handbook
 8. The scorekeeper must enter the correct penalty information
 - review the BCLA Bench Officials Handbook
 9. The scorekeeper must enter the game summary information at the conclusion of the game
 - In the Novice to Midget divisions the scorekeeper must keep track of the number of saves each goaltender makes
 10. Game officials (referees) must print name prior to start of game and verify the game information then sign the game sheet after game ends. Officials get paid prior to game.
 11. The scorekeeper must distribute the copies of the game sheet to the appropriate team personnel

League Season

The tiering schedule runs from Monday, April 11, 2011 to Sunday, May 1, 2011 inclusive. All tiering games must be completed by Sunday, May 1, 2011. Tiering games cannot be rescheduled after May 1, 2011.

Teams may be reassigned to a different division or league based on their performance during the tiering schedule. Team(s) will be reassigned prior to the start of the regular league schedule.

The regular league schedule runs from Monday, May 9, 2011 to approximately the last week of June or first week of July depending on the Provincial date. All regular league games must be completed by the final date on the schedule as posted. No games can be rescheduled after this date.

Provincial Play Down games could begin within a day of your regular season end (see Provincial Championship information).

Every effort must be made to play all league games as scheduled. Fines will be issued (see Defaulted or Rescheduled games section).

League Commissioners have until June 1^h to move any teams for league and Provincial Championship play.

League Points

Points will be awarded during tiering, transitional and regular league games played as follows:

2 points	- win
1 point	- tie
0 points	- loss

Points awarded during the tiering, transition and league schedules are included in the league standings.

One (1) Sportsmanship point is awarded to each team that has 10 or less penalty minutes in a league game (win/tie/loss). The additional point does not count towards league standings. The LMMLC presents a Fair Play award to the team with the most Sportsmanship points in each league. In the event of a tie in points, the award will go to the team with the fewest total penalty minutes during league play.

Defaulted or Rescheduled Games

If either the home or visiting team wishes to default or reschedule a game, the team wishing to default or reschedule a game must contact their opponent no later than 48 hours prior to the scheduled game time.

Any team failing to appear for a game at the appointed time and place is responsible for paying the referee fees for all assigned referees present at the game and for any floor rental charges. The League Commissioner will be notified of the situation as soon as possible and will report the incident to the Lower Mainland Minor Lacrosse Commission Executive for further action.

When a rescheduled game is agreed upon it is the responsibility of the home team to reschedule the game as soon as possible. All rescheduled or TBR games must be rescheduled prior to the completion of any league schedule.

In any rescheduling disputes, the League Commissioner will determine if a reasonable effort was made to reschedule the game by the teams. The offending team will forfeit the game and associated points. **Also the offending association will be fined \$50.00 payable to the LMMLC.**

The League Commissioner must be notified of all defaulted or rescheduled games as soon as possible.

League Commissioners do attend games whenever possible so they must be updated on all scheduling changes.

Suspension Information

Head coach of a team is responsible for reading the Minor Directorate Disciplinary Rules and Rule Interpretations provided by either their home association or their League Commissioner.

Head coach of a team is responsible for knowing which major penalties are associated with automatic suspensions.

The head coach of a team is responsible for knowing when their players/coaches have received a penalty associated with an automatic suspension. The head coach of a team must immediately enforce any suspension received by a player/coach for the required number of games. The head coach of a team will not wait to "hear" from their League Commissioner informing them of any coach/player suspension. A head coach of a team should contact their association's Head Coach or League Commissioner if they are uncertain how to apply the suspensions in the Minor Directorate Disciplinary Rules.

A player/coach's suspension can only be served during any regular league game, tournaments and provincial play down games. A suspension cannot be served during an exhibition game and the player/coach can not play or be on the bench during a regular league game, tournament or provincial play down game for any another team.

A head coach of a team must use the following procedure when dealing with an automatic suspension:

1. Determine if a player/coach has received a penalty that requires an automatic suspension

2. Contact their League Commissioner as soon as possible and inform them of the penalty and confirm the length of the suspension
3. Include the suspended player/coach's name on all game sheets that they are suspended for
 - Indicate the suspension next to the player/coach's name on the gamesheet
 - E.g. Joe Smith Suspended 1 of 3

Rule #16 - Minor Directorate Disciplinary Rules states...

Any team that plays an ineligible player while under suspension by a Commissioner or Commission will lose any points earned from the games in which the ineligible player played. The Coach will be suspended for two (2) games for the first offense and for the second offense, an automatic referral to the British Columbia Lacrosse Coaches Association for appropriate disciplinary action.

Player Movement Information

A head coach of a team may request a player from a lower caliber team of the same division or from a lower or equal caliber team in a lower division team to "play up" on their team for any regular league game, tournaments and provincial play down games.

Any player who plays five (5) games for a higher team or teams shall be ineligible to return to his/her original team for the duration of the current season. Any player appearing on a fifth game sheet, other than his/her original team must remain on the higher team with the Home Association placing the player on a team for the balance of the season, if required.

No more than four (4) players may be brought up to any team in the same game without the written permission of the League Commissioner before the game is played. Violation of this rule would constitute Rule 16 – Minor Directorate Disciplinary Rules whereby a coach will be suspended for playing an ineligible player.

Players are allowed, with the permission of their Coach or Manager to play up in their own division or higher division as follows.

- Novice C or Novice B to PeeWee B
- PeeWee C to PeeWee B
- PeeWee B to PeeWee A1 or A2
- PeeWee B to Bantam A1, A2 or B

Referee Payment Fees

Mini-Tyke:	\$15.00 per game per referee
Tyke:	\$15.00 per game per referee
Novice:	\$20.00 per game per referee
PeeWee:	\$25.00 per game per referee
Bantam:	\$30.00 per game per referee
Midget:	\$35.00 per game per referee

Provincial Championship Information

Teams wishing to qualify for the Provincial Championships must contact their Association President regarding the submission of a Provincial Declaration form. The British Columbia Lacrosse Association (BCLA) office must receive Provincial Declaration forms by June 9, 2011.

The LMMLC League Play Downs will begin approximately two (2) weeks prior to the start of the Provincial Championships. Only teams who have submitted their team's Provincial Declaration form into the BCCLA will be eligible for the LMMLC League Play Downs. The LMMLC play down format will be emailed to all participating teams prior to the start of the league play downs.

2011 Provincial locations/dates:

PeeWee	A1, A2, B and C	North Okanagan	July 6 - 10, 2011
Bantam	A1, A2, B and C	Peninsula/JDF	July 13 - 17, 2011
Midget	A1, A2, B and C	Coquitlam	July 20 - 24, 2011
Female Box Lacrosse		Port Coquitlam	July 6 - 10, 2011

Arena Information

Arena	Address	Postal Code
Abbotsford Recreation Centre	34690 Old Yale Road, Abbotsford	V3G 1C4
Aldergrove Arena	2882 272 Street, Langley	V4W 3J9
Burnaby Lake Arena	3676 Kensington Street, Burnaby	V5B 4Z6
Bill Copeland Sports Centre	3676 Kensington Street, Burnaby	V5B 4Z6
Chilliwack Twin Rinks	5745 Tyson Road, Sardis	V2R 3R6
Cloverdale Arena	6090 176th Street, Surrey	V3S 4E7
Hope & District Recreation Centre	1005 6th Avenue, Hope	V0X 1L4
Harry Jerome Recreation Centre	123 East 23rd Street, North Vancouver	V7L 3E2
Kensington Park Arena	6159 Curtis Street, Burnaby	V5B 4X7
Kerrisdale Arena	5670 East Boulevard, Vancouver	V6M 3V2
Killarney Community Centre	6260 Killarney Street, Vancouver	V5S 2X7
Ladner Leisure Centre	4600 Clarence Taylor Crescent, Delta	V4K 3X3
George Preston Recreation Centre	20699 42 Avenue, Langley	V3A 3B1
Gibsons & Area Community Centre	700 Park Road, Gibsons	
M.S.A. Arena	2323 Emerson Road, Abbotsford	V2T 3J2
Minoru Arenas	7551 Minoru Gate, Richmond	V6Y 1R8
Mission Leisure Centre	7650 Grand Street, Mission	
Moody Park Arena	701 8th Avenue, New Westminster	V3M 2R2
North Delta Recreation Centre	11415 84 Avenue, Delta	V4C 2L9
North Surrey Recreation Centre	10275 135 Street, Surrey	V3T 4C3
Pitt Meadows Twin Rinks	11435 Bonson Road, Pitt Meadows	V3Y 2S3
Planet Ice - Coquitlam	2300 Rocket Way, Coquitlam	V3K 6Z2
Planet Ice - Great Pacific Forum	10388 Nordel Court, Delta	V4G 1J7
Planet Ice - Maple Ridge (Cam Neely Arena)	23588 105 Avenue, Maple Ridge	V2W 1B8
Poirier Sports & Leisure Complex	630 Poirier Street, Coquitlam	V3J 6B1
Port Coquitlam Recreation Complex	2150 Wilson Street, Port Coquitlam	V3C 6J5

Port Moody Sports Centre	300 Ioco Road, Port Moody	V3H 2V7
Prospera Centre	45323 Hodgins Avenue, Chilliwack	
Queen's Park Arena	1st Street/3rd Avenue, New Westminster	V7H 2V6
Richmond Ice Centre	14140 Triangle Road, Richmond	V6W 1B1
Riley Park Arena	50 East 30th Avenue, Vancouver	V5V 2T9
Seafair Sports Centre	3100 Francis Road, Richmond	
Sunshine Coast Arena	5982 Shoal Way, Sechelt	V0N 3A6
South Delta Recreation Centre	1720 56 Street, Delta	V4L 2B1
South Surrey Arena	2199 148 Street, Surrey	V4A 8L5
Squamish Civic Centre	Centennial Boulevard, Squamish	
Sungod Arena	7815 112 Street, Delta	V4C 4V9
West Vancouver Arena	786 22nd Street, West Vancouver	V7V 4B9
White Rock Centennial Arena	14600 North Bluff Road, White Rock	V4B 3C9

LOWER MAINLAND MINOR LACROSSE COMMISSIONERS 2011

MIDGET					
A1/A2		B/C			
Pete Frey	604-946-6995 R/F	Sandy Pace	604-945-1093 R		
5491 45th Avenue		1823 Prairie Avenue	604-945-0035 F		
Delta BC V4K 1L3		Port Coquitlam BC V3B 1V2			
petefrey@telus.net		sandylacrosse@shaw.ca			
BANTAM					
A1/A2		B		C	
Tracy Dolbec	604-467-1775 R/F	Rob Pearsall	604-327-6725		
22552 Kendrick Loop		6725 Argyle Street			
Maple Ridge BC V2X 9W5		Vancouver, BC V5P 3K6			
bradloveslacrosse@shaw.ca		vp3@vancouverlacrosse.com			
PEEWEE					
A1/A2		B		C	
Tracy Dolbec	604-467-1775 R/F	Tanya Simsonen	604-626-6062	Ceayon Johnston	604-277-3873
22552 Kendrick Loop		3163 268th Street		9811 Seacastle Drive	604-789-5225
Maple Ridge BC V2X 9W5		Aldergrove BC V4W 3E4		Richmond BC V7A 4R8	
bradloveslacrosse@shaw.ca		PWBCCommissioner@live.ca		ceayon.johnston@labour-travail.gc.ca	
NOVICE					
A1/A2		B		C	
Jim McIntosh	604-760-9039	Crystal Matkovich	604-832-3418	Murray Knowles	604-593-5959
913 Spruce Avenue	604-931-2598 F	32751 Swan Avenue		#307-15915 84 Avenue	778-998-5959 C
Coquitlam BC V3J 7M2		Mission BC V2V 4V1		Surrey BC V4N 0W7	
jim.mcintosh21@gmail.com		crs3ds@telus.net		mknowlescommissioner@gmail.com	
TYKE			MINI-TYKE		
Mary Clare	604-946-5082 R	Mary Clare	604-946-5082 R		
4405 Maple Lane	604-312-8732 C	4405 Maple Lane	604-312-8732 C		
Delta BC V4K 2Z4		Delta BC V4K 2Z4			
marykclare@hotmail.com		marykclare@hotmail.com			

JUNIOR GIRLS		MIDGET GIRLS		BANTAM GIRLS	
Sandy Pace	604-945-1093 R	Frank Greenlay	604-219-4110	Tricia Rachfall	604-524-0744 R
1823 Prairie Avenue	604-945-0035 F	4554 Elmgrove Drive		331 4th Street	604-524-0735 F
Port Coquitlam BC V3B 1V2		Burnaby BC V5G 3Y8		New Westminister BC V3L 2V3	
sandylacrosse@shaw.ca		fcgreenlay@netscape.net		007trtr@gmail.com	
PEEWEE GIRLS		NOVICE GIRLS			
Tricia Rachfall	604-524-0744 R	Mary Clare	604-946-5082 R		
331 4th Street	604-524-0735 F	4405 Maple Lane	604-312-8732 C		
New Westminister BC V3L 2V3		Delta BC V4K 2Z4			
007trtr@gmail.com		marykclare@hotmail.com			